

## Facemask information

- The mask should fit snug but comfortably and cover both your nose and mouth
- The mask must be secured with ties or ear loops
- The mask must have multiple layers of fabric
- The mask should allow for breathing without restriction
- The mask should be disposable or washable
- Masks should not be worn on children under the age of 2
- Medical grade masks should be reserved for health care workers
- Disposable masks should be worn once then properly discarded in a waste receptacle
- Fabric masks should be immediately laundered after each use (machine wash)
- When using a no-sew mask, place a coffee filter between folds for added filtration.
- Do not touch the outside of the mask while wearing or during removal.
- Remove by touching ties or ear loops, use minimal shaking motion and discard or wash immediately. Wash hands for two minutes immediately after removing mask.